



MAE CAMFANTEISIO'N RHYWIOL AR BLANT YN FATH O GAM-DRIN. PEIDIWCH Â CHUDDIO'R BROBLEM.

OS BYDDWCH YN GWELD RHYWBETH, DYWEDWCH RYWBETH
Ffoniwch 101, Ymgyrch Make Safe

www.gwent.police.uk | www.sewsc.org.uk



TAC SIS

Pethau i gadw golwg amdanynt

- Appearing with unexplained gifts or possessions that can't be accounted for
- Having mood swings and changes in temperament
- Using drugs or alcohol
- Having much older people giving them lifts in cars
- Having a much older boyfriend or girlfriend
- Physical harm, such as bruising or cigarette burns
- Going missing or regularly coming home late
- Changing their usual group of friends for another, older group
- Meeting unknown adults, or chatting to unknown people, either on their phones or through social media
- Talking about boyfriends you have never seen
- Owning more than one mobile phone

PEIDIWCH AG ANWYBYDDU EICH GREDDF OS YDYCH YN AMAU BOD RHYWBETH O'I LE.

OS BYDDWCH YN GWELD RHYWBETH, DYWEDWCH RYWBETH